# Checklist for providing health monitoring

This checklist is to be used with the [Health monitoring for persons conducting a business undertaking guide](https://safeworkaust.govcms.gov.au/node/11001).

## Actions

Inform your worker or potential worker of health monitoring requirements before your worker carries out work with the hazardous chemical.

Provide your worker with a copy of *Health Monitoring guide for workers*.

Engage a registered medical practitioner with experience in health monitoring to carry out or supervise the health monitoring program.

Provide the registered medical practitioner with information about the work and the work environment, hazardous chemicals your worker may be exposed to and control measures as described in this guide.

In consultation with the registered medical practitioner, decide on the type and frequency of health monitoring while considering the hazardous chemicals being used and regulatory requirements in the WHS Regulations.

Check in with the registered medical practitioner to ensure they have conducted or supervised the health monitoring program

Get a copy of section one of the health monitoring report and:

* identify the record as a confidential record about your worker, and
* keep the record at least 30 years after the record is made or 40 years for work with asbestos.

Provide a copy of section one of the health monitoring report to:

* your worker
* other PCBUs who have a duty to provide health monitoring for your worker, and
* where indicated, to the regulator.

Inform your worker about the outcomes of the health monitoring including who has a copy.

## Take action where the health monitoring report has the following

The worker is fit for work with the hazardous chemical

* No specific action.
* The worker can start or continue with work with the hazardous chemical.

The worker is fit to resume work with the hazardous chemical

* If your worker had been removed from work with a specific hazardous chemical, your worker is now considered medically fit to work with the hazardous chemical.
* The worker can resume work with the hazardous chemical.

Biological monitoring results show unacceptable exposure levels

* Review control measures.
* For lead risk work, give a copy of the report to the regulator and remove your worker from lead risk work.

Review workplace control measures

* Give a copy of the report to the regulator.
* Review control measures.

Remove your worker from work with the hazardous chemical

* Give a copy of the report to the regulator.
* Review control measures.
* Remove your worker from work with that specific hazardous chemical.