Work-related mental disorders

**Occupations most at risk**
- Defence force members, fire fighters and police: 16%
- School teachers: 15%
- Health and welfare support workers: 13%

**Main causes of serious mental disorder claims**
- Exposure to workplace or occupational violence: 11%
- Work related harassment or bullying: 20%
- Work pressure*: 23%

**On average each year (2010–11 to 2014–15)**
- 6% of all serious workers’ compensation claims are for work-related mental disorders
- 7,020 Australians are compensated for work-related mental disorders
- 92% of serious work-related mental disorder claims are attributed to work-related mental stress

**Number of claims**
- 58% women
- 42% men

Source: All statistics for the mental health at work infographic have been sourced from Safe Work Australia's National Data Set for Compensation based statistics.

* The work pressure category includes work backlogs and deadlines, organisational restructures, interpersonal conflicts, disciplinary actions, performance counselling or promotion disappointment.

Note: Serious workers’ compensation claims relate to those claims where the injury or illness has resulted in one or more weeks off work.