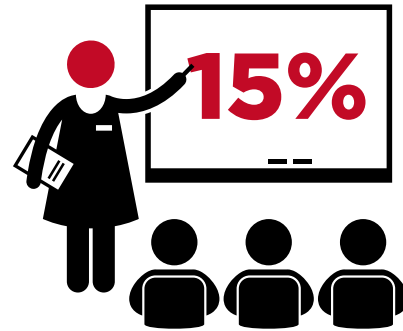


Work-related mental health

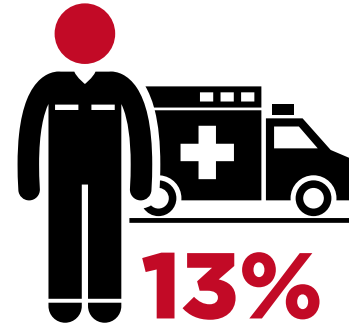
Occupations most at risk



Defence force members, fire fighters and police

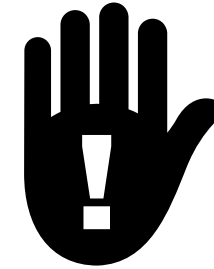


School teachers



Health and welfare support workers

Main causes of serious mental disorder claims



17%

Exposure to workplace or occupational violence

20%

Work related harassment or bullying

23%

Work pressure*



On average each year (2010-11 to 2014-15)



6% of all workers compensation claims are for work-related mental disorders

7,020 Australians are compensated for work-related mental disorders

92% of mental disorder claims are attributed to work-related mental stress

Number of claims



58%
women



42%
men

Source: All statistics for the mental health at work infographic have been sourced from Safe Work Australia's National Data Set for Compensation based statistics.

* The work pressure category of mental stress includes work backlogs and deadlines, organisational restructures, interpersonal conflicts, disciplinary actions, performance counselling or promotion disappointment



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