

If you let it slide, It will grow

I was always excluded from some work conversations because it was 'chat for the blokes'

I was constantly being asked questions about my sex life

I was told I should get a 'girl's job'

I was locked in a toilet on-site because my co-workers thought it was funny



Disrespect

Rude comments

Insensitive actions

Gossip/rumours

Belittling comments

Making fun of someone's cultural background

Sexist or racist comments even when the speaker says "I'm not racist/sexist, but..."

Crude jokes

Pranks

Intentionally making work harder for others

Inappropriate banter

Leaving someone out



Abusive or inappropriate behaviour

Hostile shouting

Sexual harassment

Intimidation and threats

Discriminatory comments and actions

Swearing at others

Hazing that involves humiliation or pain

Bullying

Sharing private images or personal information without consent



Physical violence and aggression

Physical assault

Sexual assault

Throwing objects at someone

Violent outbursts (e.g. hitting a wall)

Unwanted or inappropriate touching



Tackle bad behaviour before things get worse

See the Model Code of Practice: Managing psychosocial hazards at work and the Model Code of Practice: Sexual and gender-based harassment which provide practical guidance on managing psychosocial hazards in the workplace, including harmful behaviours.