# National Return To Work Strategy - Transcript

**SUPPORTING WORKERS**

The National Return to Work Strategy aims to help workers to be actively involved in their recovery and return to work.

Workers are at the heart of the Strategy. We know there are ways we can improve their journey back to work.

Experiencing a workplace injury and illness will affect workers in different ways.

Workers having access to the right information at the right time and building their understanding of their own health helps them to navigate the process.

Tailoring and coordinating support to meet their needs helps them to recover and return to work safely.

To get involved, download a copy of the National Return to Work Strategy at safeworkaustralia.gov.au.